

# CARBON14

## Instructions for the Carbon 14 Sport Digital Watch



- A = EL/SET**      **D = ST/STOP**
- B = MODE**      **C = RESET**
- 1 = iBEAM LIGHT**    **2 = LENS RELEASE**

### FEATURES

- High-Intensity Built-in LED Flashlight
- 3 X Flip-UP Magnifying Lens
- 6 Sec Back-Light (EL) Numbers
- Water Resistant to 50 M / 165 feet
- Dual Time
- Four Daily Alarms
- 40 LAP Chronograph with Data Mode
- 24 Hour Timer with Auto Repeat
- Selectable 12-hour/24-hour Format
- UV Protective Coating
- Strap Keeper
- Chime ON/OFF
- Key-Press Tone ON/OFF

### LED FLASHLIGHT

The Carbon 14 Sport Digital Watch comes with a high-intensity, built-in LED Flashlight.

To turn ON, press the (1) iBEAM button located between buttons D and C.

To turn OFF, press the same button. OR

The light will turn off automatically after 30 seconds.

### MAGNIFYING LENS

To open the Magnifying Lens, locate the release button next to the tab labeled LENS. Press button with index finger while simultaneously pushing up the bottom of the lens tab with thumb.

To close, push the lens completely down.

### BASIC OPERATIONS

Press **B (MODE)** repeatedly to scroll through the setting (mode) options of this watch. They are:

- MAIN AND DUAL TIME (TIME)
- CHRONOGRAPH TIMER (CRON)
- CHRONOGRAPH DATA (DATA)
- COUNTDOWN TIMER (TIMR)
- ALARM (ALRM)

### TIME MODE

This setting provides the time for *Main Time* (T1) and *Dual Time* (T2). To alternate between T1 and T2 press and hold **D (ST/STOP)** button for 3 seconds. The T1 or T2 symbols will blink while alternating.

#### Setting the Main Time (T1)

The *Main Time* provides the time, date, year, and 12/24 hr option. To set the *Main Time* press **B (MODE)** button until TIME appears. The time, day of the week, and date will be displayed. Make sure the **T1** symbol appears above the seconds.

1. Press **A** and hold for 3 seconds – the hour digits will be flashing.
2. Press **D (+)** or **C (-)** to change the hour
3. Press **B**. The minutes flash. Press **D (+)** or **C (-)** to change the minutes
4. Press **B**. The seconds flash. Press **D (+)** or **C (-)** to change the seconds
5. Press **B**. The year flashes. Press **D (+)** or **C (-)** to change the year
6. Press **B**. The month flashes. Press **D (+)** or **C (-)** to change the month.
7. Press **B**. The day of the month flashes. Press **D (+)** or **C (-)** to change the day of the month.
8. Press **B**. The 12/24 hr flashes. Press **D (+)** or **C (-)** to change 12/24 hr option.
9. Press **A** when the time and date are set.

**NOTE:** While in Main Time (T1), press **C (RESET)** to reveal the year.

While in T1 or T2, press **D (ST/STOP)** to turn ON/OFF the hourly Chime. When ON, a Bell icon appears in the upper right section of the display.

In T1 or T2, press and hold **C (RESET)** for 3 seconds to turn ON/OFF KET (Key-Tone). When ON, KET appears in the upper left section of the display.

#### Setting the Dual Time (T2)

To set the *Dual Time* (T2), make sure the T2 symbol appears below the seconds. **Note:** To alternate between T1 and T2 press and hold **D (ST/STOP)** button for 3 seconds. The T1 or T2 symbols will blink while alternating.

1. Press **A** and hold for 3 seconds – the hour digits will begin flashing.
2. Press **D (+)** or **C (-)** to change the hours.
3. Press **B**. The minutes flash. Press **D (+)** or **C (-)** to change the minutes.
4. Press **A** to save and exit.

### CHRONOGRAPH / STOPWATCH (CRON) MODE

This setting provides a chronograph (stopwatch) function. To set the *Chronograph (CRON)*, press **B (MODE)** button repeatedly until the CRON appears.

- To start, press **D**. The stopwatch counts up by hundredths of a second, seconds, minutes, and hours.
- To stop, press **D**. To resume, press **D** again.
- To reset (clear) back to zero, make sure the chronograph is stopped, and press and hold **C (RESET)** for 3 seconds.

**NOTE:** The stopwatch will continue to run if you exit the setting.

Chronograph may be reset in either the *Chronograph* or *Data* modes by pressing and holding **C (RESET)** for 3 seconds.

**LAP/SPLIT function:** Once the stopwatch starts counting press **C** to record the LAP/SPLIT (Displayed as LAP-1, LAP-2, etc). Once **C** is pressed, the LAP/SPLIT time will pause for 5 seconds, then the new LAP/SPLIT will continue.

- Press **C** repeatedly to measure multi LAPs/SPLITS (max 40).
- To stop, press **D**.

### DATA MODE

This setting provides the LAP/SPLIT data saved from the Chronograph. To access, press the **B (MODE)** button until the Data (DATA) setting appears.

- To scroll through the LAP/SPLIT times, Press **D (+)** or **C (-)** to view the desired LAP/SPLIT.
- To view the total recorded time Press **D (+)** or **C (-)** until TOT appears in the lower section of the display. The entire time will appear.

### COUNTDOWN TIMER (TIMR) MODE

This setting provides a countdown timer with an alarm alert.. To set the *Countdown Timer (TIMR)*, press the **B (MODE)** button repeatedly until the *Countdown Timer (TIMR)* setting appears. **Note:** TIMR will appear in the lower section.

1. Press **A** and hold for 3 seconds – the hour digit(s) will be flashing.
2. Press **D (+)** or **C (-)** to change the hours
3. Press **B**. The minutes flash. Press **D (+)** or **C (-)** to change the minutes.
4. Press **B**. The seconds flash. Press **D (+)** or **C (-)** to change the seconds.
5. Press **B**. The RPT (for automatically repeat) or STP (for manual Start/Stop) will begin flashing. Press **D (+)** or **C (-)** to change.
6. Press **A** when the desire time is set.
7. Press **D (ST/STOP)** to begin the Countdown Timer.
8. Press **D (ST/STOP)** to stop the Countdown Timer.
9. Press **C (RESET)** to clear the Countdown Timer to the pervious setting.

An alarm will beep repeatedly when the Countdown Timer ends (timer reaches zero). Press any button to silence the alarm.

### ALARM (ALRM) MODE

This setting provides 4 alarms with alarm alerts. To set the *Alarm (ALRM)*, press the **B (MODE)** button repeatedly until the *ALRM* setting appears. **Note:** AL will appear in the lower left section.

Press **D** to select Alarm 1, 2, 3, or 4. The Alarm # will be displayed in the lower right corner.

1. To set the time, press **A** and hold for 3 seconds – the hour digit(s) will be flashing.
  2. Press **D (+)** or **C (-)** to change the hours.
  3. Press **B**. The minutes flash. Press **D (+)** or **C (-)** to change the minutes.
  4. Press **B**. The seconds flash. Press **D (+)** or **C (-)** to change the seconds.
  5. Press **A** when the desire time is set.
- The ALARM/SOUND icon will appear immediately after pressing **D** or **C** to adjust the time.

Press **D** to turn OFF the Alarm.

The alarm will beep repeatedly when the Main Time reaches the Alarm time. Press any button to silence the alarm. If no button is pressed the Alarm will beep for 30 seconds.

### BACK LIGHT DIAL (EL)

To turn ON the Back Light Dial, press **A (EL/SET)**.

The light will stay ON for 6 seconds.

### SPECIFICATIONS

**3 BATTERIES:** CR2016 (Full Size), CR1616 (Mid Size)  
**WATER RESISTANCE:** 50M (165 FT)  
**LENS:** Mineral  
**CASE:** Polycarbonate  
**STRAP:** Polyurethane  
**CASEBACK:** Stainless Steel  
**BUCKLE:** Stainless Steel

# CARBON14

For warranty and registration information please see opposite side.

Visit us at [www.carbon14.com](http://www.carbon14.com)

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